

| | morning  | meal times  | homework  | free time/ play  | bedtime  |
|-----------------------|---|---|---|--|---|
| Be Respectful | <p>use a quiet voice until others are awake</p> <p>use kind words- say “good morning”</p> <p>follow directions the first time</p> | <p>use manners- say “please” and “thank you”</p> <p>chew with mouth closed</p> <p>take turns listening and talking</p> <p>try new foods</p> | <p>work quietly</p> <p>ask for help (if needed)</p> | <p>include others</p> <p>share and take turns</p> | <p>use a quiet voice at nighttime</p> <p>use kind words- say “good night”</p> |
| Be Responsible | <p>get up on time</p> <p>brush teeth</p> <p>get dressed</p> <p>make bed</p> <p>get materials ready for school</p> | <p>wash hands</p> <p>clean up dishes after eating</p> <p>keep food on the table</p> | <p>fill out assignment book</p> <p>finish all of your homework</p> <p>pack up backpack for the next day</p> | <p>take care of belongings (toys, games, etc.)</p> <p>turn off electronics when finished</p> <p>clean up when you are finished playing</p> | <p>put on pajamas</p> <p>wash up and brush teeth</p> <p>use bathroom</p> <p>go to bed on time</p> |
| Be Safe | <p>stay indoors/in room</p> <p>put shoes & clothes away</p> | <p>stay in your seat</p> <p>keep chair legs on the floor</p> <p>use utensils properly</p> | <p>stay in designated homework spot</p> <p>clean up materials when finished</p> <p>hang up backpack</p> | <p>use toys as intended</p> <p>keep hands and body to self</p> <p>tell an adult where you are playing</p> | <p>stay indoors/in room</p> <p>put shoes and clothes away</p> <p>calm body in bed</p> |